



## Letter from the Editor

Welcome to *Choice - Health & Wellbeing* the new title for *Today's Therapist*.

The name may have changed but the content and structure has remained the same and will allow us to grow even more quickly to reach even more like-minded professionals and individuals.

The reason for the name change is to attract more health professionals to our magazine who do not necessarily class themselves as therapists, such as chiropractors, nurses, yoga teachers, etc.

It will also appeal to health-conscious individuals who may wish to embark on a career in health and wellbeing or find a suitable health professional for themselves, friends or family - and as our magazine is written by people in the industry what better foundation to start with?

We have also arranged with bodyinbalance that the 'Directory of Therapists' will be available FREE to all subscribers (the price for non-subscribers is £57 + VAT for the year). Once the updates have been made we will contact all subscribers telling you how to add your details to the directory.

Happy reading

*Angela*

Angela Mahandru  
**Editor and Publisher**